

Store specimens according to the table below until specimens can be delivered to the reference laboratory.

SPECIMEN TYPE	STORAGE CONDITION
Biochemistry Samples SST	 Samples should ideally be centrifuged within 4-5 hours. Never refrigerate an uncentrifuged sample or will give abnormal potassium results after about 30 minutes. Samples after centrifugation are best kept refrigerated. Samples kept uncentrifuged overnight will have abnormal potassium, phosphate and LD results otherwise not too bad.
Haematology Samples	 EDTA (CBC ESR)-Refrigerate Citrate – Room temperature (Limited life span, but will be OK for INR & D-dimers)
Blood sendaway	Depending on test, check with lab
Histology (formalin)	Room temperature
Non-Gynae Cytology	Refrigerate
Cytology SPT	Room temperature
All swabs (e-swab)	Refrigerate – Test within 48hrs
Viral swabs	Refrigerate
Vaginal Swabs	Refrigerate – Test within 48hrs
Blood Culture	Room temperature
Faeces	Refrigerate unless freezing is required
Urines	Refrigerate (Microbiology test ASAP), unless freezing is required
Spores/ Environmental	Room temperature
Body Fluids/ Aspirates	Refrigerate – Test within 48hrs
Sputum	Refrigerate
FNA/ Tissue Samples	Refrigerate
Mycology skin scraping	Room temperature
Chlamydia/Gonorrhoea BD tubes (Swabs and Urines)	Room temperature or Refrigerate (Stable at between 2-30C for 30 days)